



SIMLEY WRESTLING

Simley Traveling Wrestling Folkstyle, Freestyle, and Greco Wrestling

Simley Traveling Wrestling is for Inver Grove Heights boys in grades 3–12. This program is designed for experienced wrestlers who are interested in competing at local, state and national competitions.

Tuesday, January 26th, 2010
6:30pm, Simley High Wrestling Room
\$75 per wrestler

A USA Wrestling card is required. A USA card number will need to be on record in order to participate.

Practices: Tuesday & Thursday
7:00pm-8:30pm

See www.simleywrestling.com for a detailed practice schedule.

This is where the Simley Spartan Wrestling Tradition Begins

Self Confidence • Discipline • Leadership • Strength • Self Esteem
Courage • Honor • Flexibility • Fitness • Toughness • Commitment
Strong Morals • Goal Setting • Respect • Friendship • Tradition

The Simley Traveling Wrestling program has talented, dedicated, experienced coaches who work in cooperation with the Simley High School and IGH Middle School coaches. Our youth coaches have many years of wrestling experience at the state, national and collegiate level.

"The Simley wrestling program is one of the best in Minnesota. We have been a top ten program for the past 15 years. Most of the Spartan wrestlers on the current Simley team started wrestling in the youth program. If you want your son to be a part of a great program, this is the time to get him started."

- Coach Will Short



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Simley Traveling Wrestling Folkstyle, Freestyle, and Greco Wrestling Sponsored by Simley Wrestling Club

Wrestler #1 Name (First, Last): _____

Wrestler #1 DOB (mm/dd/yy): ____/____/____ USA Card #: _____

Wrestler #2 Name (First, Last): _____

Wrestler #2 DOB (mm/dd/yy): ____/____/____ USA Card #: _____

Wrestler #3 Name (First, Last): _____

Wrestler #3 DOB (mm/dd/yy): ____/____/____ USA Card #: _____

Parent's Name(s): _____

Address: _____

City: _____

State: _____ Zip Code: _____

Telephone Number: _____

Email Address: _____

I hereby certify that my child is in good health and has my permission to participate in the Simley Traveling Wrestling program. I understand that I will not hold IGH Wrestling Club, coaches, staff, agents, representatives committees and any associate members from any and all claims for damages for injury or loss suffered by the above named wrestler's participation in, or traveling to and from, this program.

Signature of Parent or guardian: _____

The registration fee is \$75 per wrestler.

A USA Wrestling card is required to participate.

The registration fee does not cover the cost of the USA Wrestling card.

Please make checks payable to "Simley Wrestling Club".